

NORTH CREST GYMNASTICS CAMP 2008 REGISTRATION FORM

IMPORTANT: ACCEPTANCE TO THIS CAMP IS ON A FIRST COME FIRST SERVED BASIS. TO SECURE YOUR SPOT, PLEASE MAIL THIS FORM WITH YOUR PAYMENT/DEPOSIT TO:

NORTH CREST GYMNASTICS CAMP, 1009 INDUSTRIAL DR S, SAUK RAPIDS, MN 56379

GYMNAST NAME: _____

ADDRESS: _____

CITY/STATE/ZIP: _____

PARENT/GUARDIAN NAME: _____

HOME PHONE: _____

CELL PHONE: _____

EMAIL ADDRESS: _____

AGE: _____

LEVEL: _____

CLUB/SCHOOL NAME: _____

CURRENT TOP SKILLS

VAULT: _____

BAR: _____

BEAM: _____

FLOOR: _____

T-SHIRT SIZE

SM CHILD MED CHILD LG CHILD SM ADULT MED ADULT LG ADULT

COST & PAYMENT

COST: \$250.00 PER GYMNAST HOME STAY: \$35.00 ADDITIONAL PER GYMNAST
\$50.00 DEPOSIT MUST ACCOMPANY THIS FORM

FORM OF PAYMENT: CHECK CREDIT CARD CASH

NAME ON CARD: _____

EXPIRATION DATE: _____

AMOUNT TO CHARGE: _____

SIGNATURE: _____

REFUND POLICY / PAYMENT DEADLINES / INJURY WAIVER

FINAL CAMP PAYMENT IS DUE AT NORTH CREST NO LATER THAN AUGUST 1, 2008. WE WILL REFUND ALL PAYMENTS EXCEPT A \$25.00 PROCESSING FEE TO CAMPERS WHO SEND WRITTEN CANCELLATION BEFORE JULY 21ST. WE WILL REFUND ALL PAYMENTS EXCEPT THE \$50.00 DEPOSIT TO CAMPERS WHO SEND WRITTEN CANCELLATION AFTER JULY 21ST. NO DEPOSITS OR CAMP FEES ARE REFUNDABLE AFTER AUGUST 1ST WITHOUT WRITTEN MEDICAL REASON. NO DISCOUNTS FOR LATE ARRIVALS OR EARLY DEPARTURES.

I, PARENT AND/OR GUARDIAN OF GYMNAST LISTED ABOVE, ON BEHALF OF MYSELF AND MY IMMEDIATE FAMILY, HEREBY FULLY AND FOREVER RELEASE NORTH CREST GYMNASTICS & DANCE, ITS OFFICERS, SHAREHOLDERS, EMPLOYEES, DIRECTORS AND AGENTS FROM ALL CLAIMS, DEMANDS, DAMAGE ACTION OR INJURIES, WHETHER ANY INJURY OR DAMAGE BE KNOWN NOW OR IN THE FUTURE, WHETHER ANTICIPATED OR UNANTICIPATED, RESULTING FROM OR ARISING OUT OF MY CHILD'S USE OR INTENDED USE OF THE GYMNASTICS FACILITIES, EQUIPMENT AND SERVICES. I AGREE ON BEHALF OF MYSELF, MY HEIRS, ASSIGN AND MINOR(S) NAMED HEREIN TO HOLD NORTH CREST GYMNASTICS & DANCE, HARMLESS FROM ANY CLAIM FOR DAMAGES ARISING OUT OF ANY ACCIDENT OR INJURY THAT MAY BE CAUSED TO MYSELF OR MY CHILD. I RECOGNIZE THAT PARTICIPATION IN GYMNASTICS AND ACTIVITIES INVOLVING MOVEMENT EXERCISE CARRIES WITH IT THE RISK OF CATASTROPHIC INJURY. -MY SIGNATURE AUTHORIZES THE STAFF OF NORTH CREST TO ACT FOR ME ACCORDING TO THEIR BEST JUDGMENT IN ANY EMERGENCY REQUIRING MEDICAL ATTENTION INCLUDING THE SERVICE OF A RESCUE SQUAD AND/OR EMERGENCY ROOM. THIS AUTHORIZATION SHALL REMAIN EFFECTIVE UNTIL REVOKED IN WRITING.

PARENT SIGNATURE

DATE

NORTH CREST GYMNASTICS CAMP 2008 AUGUST 11-14

ATTENTION HIGH SCHOOL, MAGA AND USAG COMPETITIVE ATHLETES! HERE IS A CHANCE FOR YOU, YOUR TEAMMATES AND YOUR COACHES TO SPEND FOUR FULL DAYS BEING TRAINED IN THE LATEST TECHNIQUES, DRILLS, AND TRENDS IN OUR SPORT. IF YOU WANT TO LEARN NEW SKILLS IN AN EXCITING, SAFE, AND ENCOURAGING ENVIRONMENT, DON'T MISS THIS CAMP. COST IS ONLY \$250.00 PER GYMNAST. REGISTRATION IS DUE BY AUGUST 1ST.

HOST FACILITY

NORTH CREST GYMNASTICS IN SAUK RAPIDS, MN
22,000 SQ/FT AIR-CONDITIONED FACILITY
EQUIPMENT INCLUDES:
2 LARGE IN-GROUND FOAM SAFETY PITS (*NEW FOAM*)
3 IN-GROUND RESI-PITS
55' IN-GROUND TUMBLE TRACK
2 LG. IN-GROUND TRAMPOLINES
SPRING FLOOR INTO FOAM PIT
2 VAULTING STATIONS INTO FOAM OR RESI-PIT
VAULTING TABLE & TRAINER TABLE
10 BALANCE BEAMS
3 SETS UNEVEN BARS
TUMBLE TRACK TRAINER BAR
SINGLE BAR OVER PIT AND STRAP BAR
IN-GROUND CHANNEL BAR
3 FULL DANCE STUDIOS
NUMEROUS MATS AND TRAINING AIDS

VISITING COACHES

USAG CLUB, MAGA AND HIGH SCHOOL COACHES ARE WELCOME TO COME AND TRAIN ALONG WITH THEIR ATHLETES OR ON THEIR OWN FOR FREE. HOWEVER, THEY SHOULD COME PREPARED TO WORK, LEARN, AND SPOT ALONG WITH THE GROUPS. HOUSING IS ALSO AVAILABLE UPON REQUEST.

FOOD

BREAKFAST AND LUNCH WILL BE PROVIDED FOR THE GYMNASTS EVERY DAY. WE WILL ALSO BE HOSTING A BARBEQUE FOR THE GYMNASTS ON THE THIRD NIGHT OF CAMP.

HOME STAY INFORMATION

HOME STAYS ARE AVAILABLE FOR OUT OF TOWN ATHLETES. TEAM NORTH CREST FAMILIES WILL BE OPENING THEIR HOMES UP TO AS MANY ATHLETES AS POSSIBLE. THE ADDITIONAL COST FOR THIS WILL BE \$35.00 FOR THE WEEK. PLEASE INDICATE ON THE REGISTRATION FORM IF YOU ARE IN NEED OF LODGING FOR YOUR ATHLETE. SPACE IS LIMITED.

OUR STAFF & CLINICIANS

RODNEY GUST –

FORMER COACH OF THE GAGE DRAGONS RODNEY HAS COACHED 2 OLYMPIC SILVER MEDALISTS, 7 ELITE INTERNATIONAL TEAM MEMBERS, 4 J.O. NATIONAL TEAM MEMBERS AND COLLEGIATE GYMNASTS ATTENDING GEORGIA, ALABAMA, UTAH, WASHINGTON, MISSOURI & IOWA

TOM FARDEN –

HEAD COACH OF SOUTHEAST MISSOURI STATE, TOM IS A 2 TIME MIDWEST INDEPENDENT CONFERENCE COACH OF THE YEAR. TOM HAS LED THE REDHAWKS TO SOME OF THEIR MOST SUCCESSFUL SEASONS SINCE TAKING OVER IN 2003. HE HAS ALSO COACHED NUMEROUS ATHLETES NCAA NATIONAL COMPETITION.

BART ROSKOSKI –

OWNER AND HEAD COACH OF FLIPS GYMNASTICS IN WHITE BEAR LAKE. BART IS ALSO THE ELITE CHAIR FOR REGION 4 AND TRAINS REGULARLY AT THE KAROLYI RANCH IN TEXAS

BILL CORCORAN –

HEAD COACH NORTH CREST GYMNASTICS, 28 YEARS OF GYMNASTICS EXPERIENCE AS AN ATHLETE, COACH, AND GYM OWNER. BILL WAS RECENTLY NAMED USAG REGION 4 CONTRIBUTOR OF THE YEAR.

AUSTIN KELLY –

TEAM COACH NORTH CREST GYMNASTICS, AUSTIN HAS BEEN INVOLVED IN THE SPORTS OF GYMNASTICS, DANCE & CHEERLEADING MOST OF HIS LIFE AND HAS WORKED AT SEVERAL GYMS ACROSS THE COUNTRY.

MEGAN CLOSE –

TEAM COACH NORTH CREST GYMNASTICS. MEGAN HAS PARTICIPATED IN GYMNASTICS AT BOTH THE CLUB AND HIGH SCHOOL LEVELS AND IS AN ASSET TO OUR COACHING STAFF.

MICHELLE MONROE –

TEAM COACH NORTH CREST GYMNASTICS, MICHELLE WAS AN NCAA ALL AMERICAN & NATIONAL CHAMPION AT UW-LACROSSE.

AND OTHER GREAT GYMNASTICS COACHES!!

NORTH CREST GYMNASTICS, DANCE & CHEER
1009 INDUSTRIAL DR S, SAUK RAPIDS, MN 56379
320-251-3416 WWW.NORTHCRESTGYM.COM